

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Weekly Fitness Schedule</p> <p>9am-1pm Table Tennis-RSF 3pm-5pm Water Volleyball (Open Play)-RSF</p> <p>Fitness Center Hours</p> <p>The Palms Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p>Riviera Spa & Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p>8am Group Barbell-PA 9am Group Barbell-PA 9am Splash & Tone-RSF 9am Total Body Toning Chair Exercise-RSF 10am Low Impact Aerobics-RSF 10:30am Swim Lessons Level 1-RSF** 10:15am Breathe, Stretch & Relax-PA 11:15am Swim Lessons Level 2-RSF** 11:30am Drums Alive! Chair Exercise-RSF 11:30am Low Impact Aerobics-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 4pm-6pm Lap Swimming-RSF 4:15pm Gentle Chair Yoga-RSF 6pm Relaxation Yoga-RSF 6:30pm-8:45pm Water Volleyball-RSF</p>	<p>7:45am Express Total Body Sculpt-RSF 8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Body Sculpting-RSF 9am Splash & Tone-RSF 9am Zumba Step-PA 10:15am Barre-RSF 10:15am Zumba Toning-PA 11:30am Aqua Zumba-RSF 11:30am Cardio Ballroom-PA 12:30pm Intermediate Line Dance-RSF 12:45pm Pilates-PA 1:30pm Advanced Line Dance-RSF 2pm Beginning Tai Chi-PA 2:30pm Balance Training-RSF 3pm Intermediate Tai Chi-PA 3:45pm-6pm Table Tennis (Open Play)-RSF 5pm-6:30pm Lap Swimming-RSF 6:45pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8am Body Sculpting-PA 9am Aqua Zumba-RSF 9am Body Alive-RSF 9:15am Basic Step Fusion-PA 10:30am Core & More-PA 10:30am Breathe, Stretch & Relax-RSF 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:45am Gentle Joints-Zumba Gold Toning-RSF 1pm Zumba-PA 1pm Zumba-RSF 2pm Belly Dancing-PA 2pm Joint Relief (Aqua)-RSF 3:15pm Beg Balance Training-PA 5pm-8:45pm Water Volleyball (League Play)-RSF 6pm Yoga-PA 7pm Muscle Conditioning-RSF</p>	<p>8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Boot Camp-PA 9am Splash & Tone-RSF 9am Total Body Conditioning-RSF 10am Swim Lessons Level 1-RSF** 10:15am Breathe, Stretch & Relax-RSF 10:15am Yogabeat-PA 10:45am Swim Lessons Level 2-RSF** 11:30am Cardio Ballroom-PA 11:30am Gentle Joints (Land Based)-RSF 11:30am Splash & Tone-RSF 1pm Beginner Line Dance-PA 2pm Ballroom Dancing (Beg.)-PA (7/20-8/17)* 2pm-4pm Lap Swimming-RSF 2:30pm Balance Training-RSF 3pm Ballroom Dancing (Int.)-PA (7/20-8/17)* 4pm-6pm Table Tennis (Open Play & Instruction)-RSF 6pm Hatha Yoga-PA 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8:30am Splash & Tone-RSF 8:45am Yoga-PA 9:45am Body Sculpting-RSF 10:45am Cardio Kickboxing-PA 10:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am Drums Alive-RSF 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 2pm-6pm Table Tennis (Open Play)-RSF</p>	<p>8am Foam Rolling-PA 8:30am Body Alive-PA 9am Aqua Fit-RSF 9am Yoga Flow-RSF 9:30am Yogabeat-PA 10am Barre-RSF 10:30am Zumba Combo-PA 11am Tai Chi-RSF 3pm-5pm Water Volleyball (League Play)-RSF</p>

*Small fee for Ballroom classes. Please call 863-427-7130 for more information.

**Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p>8:30am Solivita Racquetters: Men's Doubles Open-FP 1:30pm Solivita Dancing Diehards-RSF Aerobics Room 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-ST</p>	<p>31</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Painters Club-AR 9:30am-3:30pm Farmers Market-FP 10:30am Racquetters: Mixed Doubles Master Open-PA 12:30pm Solivita Bridge Club Duplicate Bridge-MSB 4:30pm Solivita Billiards-BL 6pm Trivia Night-MO 6:45pm Ladies Poker-MSA</p>	<p>Village Center Hours</p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>	<p>Room Legend</p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p>Room Legend Continued</p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (R2R) Resource Center RSF Riviera Spa & Fitness Center RSF2 Riviera Spa & Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>	<p>1</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9:30am Mahjong-MSC 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG 3:30pm Artium Patroni-244 Vista Drive 4pm Disney Cast Members Annual BBQ-VP</p>	
<p>2</p> <p>8:30am Solivita Racquetters: Men's Doubles Open-FP 1:30pm Solivita Dancing Diehards-RSF Aerobics Room 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-ST</p>	<p>3</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Lifestyles Ticket Sales-ST 9am Painters Club-AR 9:30am-3:30pm Farmers Market-FP 10:30am Racquetters: Mixed Doubles Master Open-PA 12:30pm Solivita Bridge Club Duplicate Bridge-MSB 4:30pm Solivita Billiards-BL 6pm Trivia Night-MO 6:45pm Ladies Poker-MSA</p>	<p>4</p> <p>Independence Day Administration & Lifestyles Closed. Village Drive (from the Ballroom to the Pro Shop) will Close from 3pm-10pm to Vehicles. The Palms Closes at 6pm.</p> <p>8am Horseshoes Club-FP 8am Solivita Jogging-RSF 8:20am SOBs Ride-PA 8:30am Solivita Racquetters: Mixed Doubles Open-FP 8:30am The Birders-MSC 9am Veterans Club Ceremony-Veterans Memorial 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 12:30pm Mahjong-MSC 12:30pm Watercolor-AR 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 6pm Red, White & Blue Street Party-Village Drive 9pm Fireworks Begin</p>	<p>5</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 8:30am Solivita Racquetters: Mixed Doubles Open-PA 10am Beg. Watercolor-AR 10am Wellness Lecture: Understanding Your Medicare Choices-RSF2 10:30am Sol. Racquetters: Masters Tennis Open-PA 10:30am Yarners-MSC 11am Sculpture-CR 11:30am Men's Softball Clinic-FP 2pm Wellness Lecture: Avoiding Scams-RSF2 3:30pm Applause Club-MG 4pm, 5pm & 6pm Greeting Cards-CR 6pm Big Money Bingo-ST 6pm Karaoke-MO</p>	<p>6</p> <p>8am Horseshoes Club-FP 8am SOBs Long Ride-MB 8am Stonegate Niners-SGC 8:30am Solivita Racquetters: Men's Doubles Open-FP 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Solivita Artisan Guild-AR 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSC 7pm Movie Night: <i>Beauty and the Beast</i>-ST</p>	<p>7</p> <p>8:30am Bocce Boyz-Girlz-FP 8:30am Solivita Racquetters: Ladies Doubles Open-FP 9am Mixed-Media Artworks-CR 9:30am-3:30pm Farmers Market-FP 12pm Oh Scrap!-CR 1pm Solivita Quilters-AR</p>	<p>8</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9:15am SOBs Couples Ride-MB 9:30am Mahjong-MSC 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>9</p> <p>8:30am Solivita Racquetters: Men's Doubles Open-FP 1:30pm Solivita Dancing Diehards-RSF Aerobics Room 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2</p>	<p>10</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Painters Club-AR 9:30am-3:30pm Farmers Market-FP 10:30am Racquetters: Mixed Doubles Master Open-PA 12:30pm Solivita Bridge Club Duplicate Bridge-MSB 4:30pm Solivita Billiards-BL 6pm Trivia Night-MO 6:45pm Ladies Poker-MSA 7pm CERT-RSF2 7pm La Dolce Vita-RSF2</p>	<p>11</p> <p>8am Horseshoes Club-FP 8am Solivita Jogging-RSF 8:20am SOBs Ride-PA 8:30am Solivita Racquetters: Mixed Doubles Open-FP 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am R2R Workshop: Brian Fischer - <i>Caring for Your Golf Cart</i>-MSA 12:30pm CAP-RSF2 12:30pm Mahjong-MSC 12:30pm Watercolor-AR 2pm Sol. Dragon Boat-RSF2 4pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 6:30pm BIHC-RSF2</p>	<p>12</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 8:30am Solivita Racquetters: Mixed Doubles Open-PA 10am Beg. Watercolor-AR 10am Wellness Lecture: Magnetic Cupping Therapy-RSF2 10:30am Sol. Racquetters: Masters Tennis Open-PA 10:30am Yarners-MSC 11am Sculpture-CR 2:30pm Wellness Lecture: Knee Pain-RSF2 3:30pm Model Railroad-131 Vista Drive 4pm, 5pm & 6pm Greeting Cards-CR 6pm Karaoke-MO 6:45pm Euchre-MSC</p>	<p>13</p> <p>8am Horseshoes Club-FP 8am SOBs Long Ride-MB 8am Stonegate Niners-SGC 8:30am Solivita Racquetters: Men's Doubles Open-FP 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Painters Club-AR 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSC 7pm Movie Night: <i>Table 19</i>-ST</p>	<p>14</p> <p>Volunteer Log Sheets Due</p> <p>8:30am Bocce Boyz-Girlz-FP 8:30am Solivita Racquetters: Ladies Doubles Open-FP 9am Mixed-Media Artworks-CR 9:30am-3:30pm Farmers Market-FP 12pm Oh Scrap!-CR 1pm Solivita Quilters-AR 6pm Jukebox Bingo-PA</p>	<p>15</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9:30am Mahjong-MSC 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>16</p> <p>8:30am Solivita Racquetters: Men's Doubles Open-FP 1:30pm Solivita Dancing Diehards-RSF Aerobics Room 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 6pm Big Money Bingo-ST</p>	<p>17</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Painters Club-AR 9:30am-3:30pm Farmers Market-FP 10:30am Racquetters: Mixed Doubles Master Open-PA 12:30pm Solivita Bridge Club Duplicate Bridge-MSB 4:30pm Solivita Billiards-BL 6pm Trivia Night-MO 6:30pm AHCC Members Only Game Night-MSB 6:45pm Ladies Poker-MSA</p>	<p>18</p> <p>8am Horseshoes Club-FP 8am Solivita Jogging-RSF 8:20am SOBs Ride-PA 8:30am Solivita Racquetters: Mixed Doubles Open-FP 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 12:30pm Mahjong-MSC 12:30pm Watercolor-AR 1:30pm Solivita Showtime Entertainers-MSB 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 6:30pm Sol. Sorcerers-MSB</p>	<p>19</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 8:30am Solivita Racquetters: Mixed Doubles Open-PA 10am Beg. Watercolor-AR 10am Wellness Lecture: Estate Planning-RSF2 10:30am Sol. Racquetters: Masters Tennis Open-PA 10:30am Yarners-MSC 11am Sculpture-CR 11:30am Men's Softball Clinic-FP 4pm, 5pm & 6pm Greeting Cards-CR 5:30pm Republican Club-ST 6pm Karaoke-MO</p>	<p>20</p> <p>8am Horseshoes Club-FP 8am SOBs Long Ride-MB 8am Stonegate Niners-SGC 8:30am Solivita Racquetters: Men's Doubles Open-FP 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Painters Club-AR 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSC 7pm Movie Night: <i>Wilson</i>-ST</p>	<p>21</p> <p>8:30am Bocce Boyz-Girlz-FP 8:30am Solivita Racquetters: Ladies Doubles Open-FP 9am Mixed-Media Artworks-CR 9:30am-3:30pm Farmers Market-FP 12pm Oh Scrap!-CR 1pm Solivita Quilters-AR 6:30pm Chef Themed Nashville Dinner-MO</p>	<p>22</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9:15am SOBs Couples Ride-MB 9:30am Mahjong-MSC 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>23</p> <p>8:30am Solivita Racquetters: Men's Doubles Open-FP 1:30pm Solivita Dancing Diehards-RSF Aerobics Room 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2</p>	<p>24</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Painters Club-AR 9:30am-3:30pm Farmers Market-FP 10:30am Racquetters: Mixed Doubles Master Open-PA 12:30pm Solivita Bridge Club Duplicate Bridge-MSB 4pm-8pm Curbside Cuisine -FP 4:30pm Solivita Billiards-BL 6pm Trivia Night-MO 6:45pm Ladies Poker-MSA</p>	<p>25</p> <p>8am Horseshoes Club-FP 8am Solivita Jogging-RSF 8:20am SOBs Ride-PA 8:30am Solivita Racquetters: Mixed Doubles Open-FP 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 12:30pm Mahjong-MSC 12:30pm Watercolor-AR 4pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 6:30pm Friends Around the World Club-RSF2 7pm Sol. Older Bikers-MSB</p>	<p>26</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 8:30am Solivita Racquetters: Mixed Doubles Open-PA 10am Beg. Watercolor-AR 10am Wellness Lecture: Bowel Health-RSF2 10:30am Sol. Racquetters: Masters Tennis Open-PA 10:30am Yarners-MSC 11am Sculpture-CR 4pm, 5pm & 6pm Greeting Cards-CR 6pm Karaoke-MO 6:45pm Euchre-MSC 7pm Veterans Club-ST</p>	<p>27</p> <p>8am Horseshoes Club-FP 8am SOBs Long Ride-MB 8am Stonegate Niners-SGC 8:30am Solivita Racquetters: Men's Doubles Open-FP 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Painters Club-AR 2pm AHCC Page Turners-RSF2 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSC 7pm Movie Night: <i>The Zookeeper's Wife</i>-ST</p>	<p>28</p> <p>8:30am Bocce Boyz-Girlz-FP 8:30am Newsletter Assembly-ST 8:30am Solivita Racquetters: Ladies Doubles Open-FP 9am Mixed-Media Artworks-CR 9:30am-3:30pm Farmers Market-FP 12pm Oh Scrap!-CR 1pm Solivita Quilters-AR 6:30pm Solivita Th(eat)ers: <i>The Last Word</i>-ST</p>	<p>29</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9:30am Mahjong-MSC 12pm CCFA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>